



# Welburn Hall Weekly

Friday 19 July 2024

Hello and welcome to our weekly Newsletter.....



## School dinner arrears

We are currently owed £175.25 for unpaid school meals. We would very much appreciate it if you could check your account and make sure it is in credit.

Thank you for your understanding

## Summer 2 Food Tech Contributions
















Payments can now be made towards Summer 2 Food Tech.

So, if you are able to contribute, please do so via **ParentPay**. Thank you



As of today, 91% of ParentPay accounts **have been activated** – so thank you for your support and cooperation.

For those who have not activated their account, **please can you ensure that you login to ParentPay and sign up as a matter of urgency.** We need **ALL** parents to activate their account, even those receiving **Free School Meals** to ensure you receive the full benefits of the system. Thank you!

Lunch Week 1	Main	Vegetarian	Pudding
Monday	chicken & veg pie, gravy, roast potatoes 	pizza & potato wedges 	Flapjack 
Tuesday	chicken curry & rice 	cheesy bean nachos, & rice 	apple crumble & custard 
Wednesday	sausages, gravy & mashed potatoes 	mac & cheese, garlic bread 	carrot cake 
Thursday	Chinese 5 spice chicken & noodles 	autumnal veg & potato bake 	rice pudding & peaches 
Friday	fish & chips 	BBQ burrito & chips 	orange shortbread 

We are a nut aware school



RESPECT



PERSEVERANCE



EXCELLENCE

# Heads-up!



Dear Parents and Carers

As we finish the last day of the last week of the year, I want to pay tribute to our wonderful staff and all the work they have done this year with the pupils. The breadth and depth of the curriculum is excellent and gaining the National Autistic Society accreditation is testament to the hard work of all!

This is my last Friday, for a year at least. In September we will welcome our new Co-Head, Alison Keane. I am sure Alison will be keen (do you see what I did there!) to meet all of you as soon as she can.

Pupils return on Wednesday 4<sup>th</sup> September and we expect 111 pupils, which is another indicator of the success of the school!

Hopefully the building works won't be too stressful for us all, but this time next year we will be celebrating moving back into The House.

Have a lovely summer!

*Marianne*

Thanks to our brilliant HSA for their latest fund-raising event at Pickering Rec, Quiz Night. Their fabulous efforts mean that another £357 goes into our school funds.

We must also extend our gratitude to those who sent in raffle prize donations – thank you.



RESPECT



PERSEVERANCE

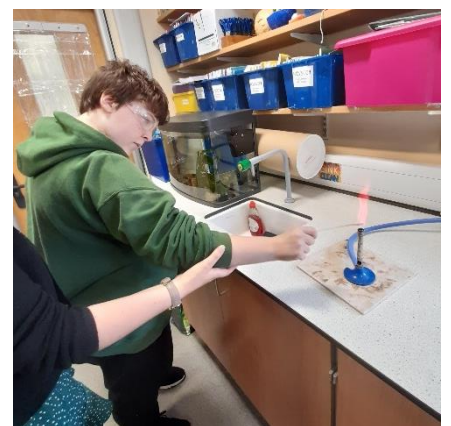
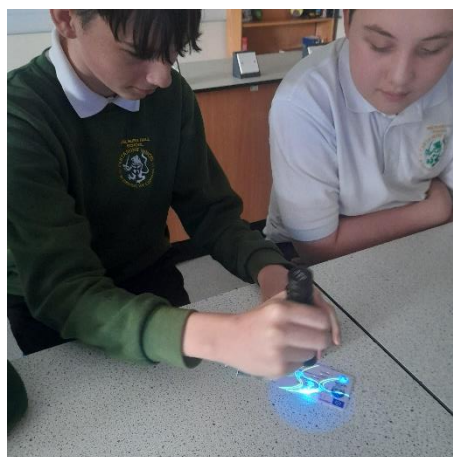
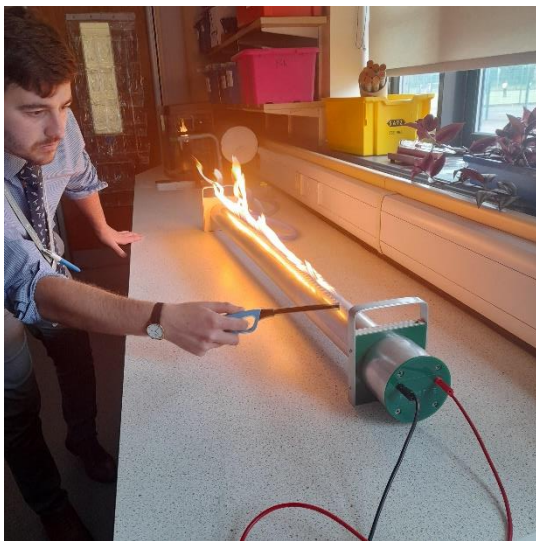


EXCELLENCE

Last week, Upper Formal 4 went to The King's Academy, Middlesbrough to spend a day in a science lab! Throughout the year, the class have been completing their Entry Level Science accreditations, and it was so much fun to put all of their learning into practice.

They started with a session on physics; learning all about how energy travels as waves. Initially this was represented using slinkies and then the class looked at different electromagnetic sensors including infrared and ultraviolet. They then set fire to a Reubens tube and watched as different sounds made the flames grow higher and higher! Next, they donned safety goggles for a chemistry session and saw what colours different metal solutions became when burned over a Bunsen burner. Last was biology, where students could choose to either look at some cells through a light microscope or observe a dissection of some cow organs. The bravest even had a go at feeling them as well.

Thank you so much to The King's Academy and Mr Cameron for this incredible experience!



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EXCELLENCE

# Leavers



Leaver's lunch on Wednesday was a visit from the local burger van, with hot dogs, burger and chips, all enjoyed together in our lovely grounds.

The day after, our leavers had a lovely picnic in Dalby Forest.

We're really going to miss you and want to take this opportunity to wish everyone the best of luck for the future.



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EXCELLENCE

# BONUS PRIZE BINGO

## Super-Prize Bingo Monday 23 Sept 2024 7.30pm Eyes down



Ryedale Indoor Bowls Club,  
Scarborough Rd, Norton, Malton YO17 8EG

Our Home School Association has asked us to tell you about their next big fundraising event.

Please join us for a great, prize bingo on Monday 23 September, with eyes down at 7.30pm. As well as prize bingo, there will be two fantastic raffles and delicious cake stall – so lots of fun for everyone!

The same event raised almost £800 last year and the HSA are determined that this one should be bigger and better - to beat last year's totals!



Mrs Foy's students have been working together with their new class mates to create a friendship tree for their classroom door.

It's still work in progress, but everyone had great fun painting the tree and the hands, which will become the leaves.

Students followed instructions and used their listening/responding skills really well to keep on task.







PERSEVERANCE

Mr Kaufman's class got to go on one last trip before transition week.

They enjoyed a fabulous day out at Monk Park Farm, where they fed the animals, watched a pig race and had a raucous time playing in the park areas.

Everything was finished off very nicely with an ice cream.

Our special thanks must go to one of the class parents and the Place Newton Shoot for their generous donation, which made this trip possible. The shoot also donated monies to our HAS, for the benefit of the whole school.

# Wellbeing & Safeguarding



North Yorkshire Safeguarding Children Partnership (NYSCP) aims to ensure all children in North Yorkshire are safe, happy, healthy and achieving.

If you are worried about a child – this is the duty number: 0300 131 2 131  
Or see their website here:



<https://www.safeguardingchildren.co.uk/about-us/worried-about-a-child/>



## Family Food

Helping North Yorkshire families to access healthy food

[www.healthyschoolsnorthyorks.org](http://www.healthyschoolsnorthyorks.org)

### Worried about the cost of food?

We can help you find the right support, if you're struggling with the cost of food and worried about feeding your family healthy meals.

You'll find information at [www.northyorks.gov.uk/costofliving](http://www.northyorks.gov.uk/costofliving) in the children and families section.

Our cost of living web page also has information about emergency financial support, managing debt, benefit entitlement, energy bills and staying connected.



SCAN ME



### Foodbanks

Enter your postcode to find your local Trussell Trust food bank, including their contact details, website and opening times.

<https://www.trusselltrust.org/get-help/find-a-foodbank>

If you need emergency food, you'll find contact details and information on the food bank's website.

If you're looking to donate food, you can find a list of items and how to donate on the food bank's website.

*Please note:* This only includes Trussell Trust food banks but other food banks and sources of emergency food may be available in your local area.



### Free School Meals

You could **save up to £450** a year with free school meals for your child. As well as saving you money, free school meals can also save you time and provide peace of mind that your child is enjoying a healthy, fresh, and nutritious meal at lunchtime.

Free school meals are available to all Reception, Year 1 and Year 2 pupils through the Universal Infant Free School Meal Scheme.

If you receive certain benefits, your child could also get free school meals during all school years.

To find out more and apply online, go to <https://www.northyorks.gov.uk/education-and-learning/free-school-meals>



### Healthy Start

With the NHS Healthy Start scheme, you could be entitled to weekly support towards:

- Vegetables
- Fruit
- Milk
- Infant formula milk
- Pulses
- Healthy Start vitamins

Could you be eligible? If you or your partner receive benefits and are currently expecting, or have a child under 4, you may be entitled to a weekly allowance of £4.25 to help buy healthy foods and milk.

Find out and apply online today: [www.healthystart.nhs.uk](http://www.healthystart.nhs.uk)



SCAN ME



## FEAST holiday clubs

FEAST offers a wide range of activities during the Easter, summer and Christmas school holidays. The activities are free to children and young people who get benefits-related free school meals and include a free hot meal or packed lunch each day. Find out more at <https://www.northyorkshiretogether.co.uk/feast>



### Ideas for cooking on a budget



For ideas of how to eat healthily on a budget:

<https://www.nutrition.org.uk/creating-a-healthy-diet/eating-healthily-on-a-budget>

<https://www.bhf.org.uk/informationsupport/heart-matters-magazine/nutrition/eat-well-on-a-budget>

For some recipe ideas – why not visit:

<https://www.bbc.co.uk/food/collections/budget-dinner-recipe-and-ideas>

<https://www.bbc.co.uk/food/collections/family-budget-dinners-under-150>

### Food reuse schemes

There are national and local initiatives to stop good food from going to waste and help people save money. Lots of businesses offer food that would otherwise go to waste at much lower prices through free apps like **Too Good to Go** and **Olio**.

Check out...

<https://www.toogoodtogo.com>  
<https://olioapp.com/en>



### Would you like to eat more healthily?

Fruit and vegetables are a great source of vitamins, minerals and fibre, and an important part of a balanced diet for kids and adults. Try and add some fruit or veg to every meal to try and get to 5 portions of different ones each day. Don't forget portions of frozen and tinned vegetable and fruit (in juice not syrup) still count as one of your 5 a day and are often cheaper and simpler to prepare.

For more ideas visit:

<https://www.nhs.uk/healthier-families/food-facts/5-a-day>  
<https://simplyveg.org.uk>

